

Moving forward by giving back

Timothy Clark



Looking back at Lancaster

Societies, Study, Students.





Networking
Making friends

A hand is seen reaching up from the surface of the water, with fingers slightly spread. The background is a soft, hazy sunset or sunrise over a body of water, with a low horizon line and a sky filled with light, wispy clouds. The overall color palette is muted, consisting of various shades of purple, blue, and grey.

**Give your brain a
break**



Leaving university



How much am I worth?

Negotiating salary

Imposter syndrome

A person wearing headphones is seen from behind, sitting at a desk in a dimly lit room. They are looking at a large monitor displaying a code editor with colorful syntax-highlighted text. To the right of the monitor is a desk lamp with a dark shade. In the background, there is a small potted plant and a figurine of a character. The overall atmosphere is quiet and focused.

Disappointed developers



Moving on

A person is shown in profile, working at a desk with two large monitors. The left monitor displays a task list or project management interface with various colored bars and text. The right monitor displays a code editor with syntax-highlighted code. A red Coca-Cola can is on the desk between the monitors. The scene is dimly lit, with the primary light source being the screens. The text 'Scope creep and minimisation' is overlaid in white, bold font across the middle of the image, and 'Pushing back' is overlaid in a larger, white, bold font across the bottom half of the image.

Scope creep and minimisation Pushing back

**Managing
without
managing**

A serene sunset over a lake with a wooden dock and a folding deck chair. The sky is filled with soft, golden clouds, and the water reflects the warm light. A wooden dock extends into the water, with a folding deck chair on it. The overall mood is peaceful and contemplative.

Surviving hardships.

Big or small.

**Building
resilience**

Now

Thank you.